



Village Café on Nottingham Road

MIDLANDS

WORDS JORDYN TROLLIP

Who wouldn't love to enjoy some hearty, comfort food in the middle of the country? Village Café on Nottingham Road is a pretty but sophisticated spot with a bistro feel. They offer delicious breakfast dreams, like eggs Benedict and flapjacks with berry compote and mascarpone, and scrumptious lunches that range from falafels to burgers and wraps. This café caters to every taste and diet, with fresh-pressed juices, smoothies, healthy meals, and vegan/vegetarian dishes. However, the most talked-about and loved option on their menu is their cheesecake, which brings customers back time and time again! Village Café's menu changes regularly, so every time you visit is a different experience, but their food is always served with friendly service and cooked with passion!

082 823 0751 | SHOP 5, POLOFIELDS CENTRE, GOWRIE VILLAGE, NOTTINGHAM ROAD

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SAINT RESTAURANT

JOHANNESBURG

At Saint, food is art, and the restaurant's décor truly complements this notion. Saint's lavish and eccentric look sets the tone for its decadently delicious food and an unforgettable night out. Their head chef, David Higgs, who was trained in Milan, drives their Italian menu, of which the stars of the show are their pizzas, which are handmade from scratch and cooked in wood-fire ovens imported from Naples! Saint Restaurant also offers superb antipasti, gourmet pasta (with some unmatched gnocchi and risotto options), grill and steak dishes as well as unique desserts. Saint sports a separate gorgeous bar with extensive wine and champagne options (accompanied by a sommelier to assist with wine pairing), a selection of only the best gin and whisky, and premium cocktails.

Upper Retail Shop, The Marc, Corner of Rivonia and Maude Street, Sandton
010 594 5888



THE GRAND EXOTIC

BALLITO

Entering The Grand Exotic feels as though you're stepping into a fairytale filled with sensory delights. Surrounded by colourful, vintage and exotic décor, The Grand Café offers a place to meet for coffee, breakfast or a light meal in a tranquil setting. Their mouth-watering range of dishes are served all day, including rarebits, French toast, croissants, muffins, savoury tarts, salads and sarmies, with gluten-free and vegetarian options. They also offer baked goods and treats, with their famous carrot cake stealing the show! The Grand Café has their own delicious Honduras coffee, pots of tea and other beverages that you can enjoy with your meal. The Grand Exotic itself also houses a small antique shop, day spa and wedding venue - a definite must-visit!

Sheffield Beach Road, Salt Rock
076 435 6090

VALEO WHOLE FOODS

DURBAN

Situated in a popular health shop, Health on Broadway, Valeo is a healthy, vegan/vegetarian café that every Durban local is talking about! They offer plant-based, gluten-free and sugar-free goodness as well as organic coffee, perfect for those who want to treat themselves while still making healthy choices. Their menu offers Insta-worthy, delicious dishes, such as their pancake stacks decorated with a variety of mouth-wateringly sweet (yet healthy!) toppings. Valeo also offers smoothies and smoothie bowls packed with nutrients and superfoods, but if you're looking for a savoury dish, their veggie burgers, gluten-free pizza or bountiful bowls are to die for. Valeo also has sweet treats that you can enjoy without the guilt!

10a Swapo Road, Durban North
031 563 8104

